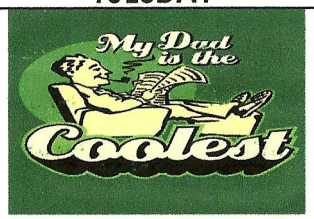
GOOD NEIGHBOR NUTRITION PROGRAM **GNNP MENU (menu is subject to change)** **JUNE 2011**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 FLAG DAY JUNE 14TH	 FATHER'S DAY JUNE 19TH	SPAGHETTI with MEATSAUCE GREEN BEANS FRUITED GELATIN BREADSTICKS 17 Gm Fat 677 Calories 827 mg Sodium 1	OVEN ROASTED CHICKEN CHEESY POTATOES TOSSED SALAD w/DRSG PINEAPPLE CHUNKS WHOLE WHEAT BREAD 26 Gm Fat 679 Calories 664 mg Sodium 2	☺HAM & BEANS SPINACH ROSY APPLESAUCE CORNBREAD 12 Gm Fat 667 Calories 1070 mg Sodium 3
BEEFY MACARONI & CHEESE CALIFORNIA VEGETABLES DICED PEACHES WHOLE WHEAT BREAD 26 Gm Fat 652 Calories 812 mg Sodium 6	☺BBQ RIBETTE on BUN CALICO BAKED BEANS POTATO SALAD MANDARIN ORANGES 20 Gm Fat 758 Calories 1270 mg Sodium 7	SOFT TACO GREEN PEAS PINEAPPLE & STRAWBERRIES 21 Gm Fat 628 Calories 900 mg Sodium 8	●TURKEY POT PIE BRUSSELS SPROUTS FRESH APPLE BISCUIT 27 Gm Fat 756 Calories 1212 mg Sodium 9	SALISBURY STEAK MASHED POTATOES COMBINATION SALAD w/DRSG APRICOT MIX WHOLE WHEAT BREAD 23 Gm Fat 688 Calories 616 mg Sodium 10
CHILI CHEESE POTATO PICKLED BEETS CINNAMON APPLESAUCE WHOLE WHEAT BREAD 18 Gm Fat 741 Calories 811 mg Sodium 13	MEATLOAF w/TOMATO SAUCE CREAMY SCALLOPED POTATOES SPINACH SALAD w/DRSG FRUIT COCKTAIL WHOLE WHEAT BREAD 19 Gm Fat 661 Calories 923 mg Sodium 14	●TURKEY & CAVATAPPI MEDITERRANEAN VEGETABLES FRESH BANANA VANILLA PUDDING WHOLE WHEAT BREAD 19 Gm Fat 717 Calories 1043 mg Sodium 15	HAMBURGER on BUN WHOLE KERNEL CORN ITALIAN PASTA SALAD CITRUS SECTIONS 25 Gm Fat 711 Calories 503 mg Sodium 16	CRANBERRY MEATBALL MASHED POTATOES MIXED GREEN SALAD w/DRSG DICED PEACHES POTATO ROLL 25 Gm Fat 825 Calories 1218 mg Sodium 17
BEEF MINESTRONE SOUP GREEN PEAS APPLE JUICE OATMEAL COOKIES SALTINE CRACKERS 23 Gm Fat 697 Calories 665 mg Sodium 20	TACO SALAD CALICO CORN FRESH ORANGE 28 Gm Fat 657 Calories 769 mg Sodium 21	☺ROAST BEEF w/GRAVY MASHED POTATOES THREE BEAN SALAD QUICK FRUIT CUP POTATO ROLL 23 Gm Fat 840 Calories 1015 mg Sodium 22	GROUND BEEF STROGANOFF BROCCOLI APRICOT MIX WHOLE WHEAT BREAD 27 Gm Fat 663 Calories 685 mg Sodium 23	●APPLE WALNUT TURKEY SALAD on WHEAT BREAD LOOSE LEAF SALAD w/DRSG STRAWBERRY CUP WHITE CAKE 17 Gm Fat 683 Calories 1174 mg Sodium 24
SCALLOPED POTATOES w/HAM GREEN BEANS PINEAPPLE CHUNKS STRAWBERRY APPLE GELATIN WHOLE WHEAT BREAD 17 Gm Fat 690 Calories 998 mg Sodium 27	BEEF PATTY w/ONION GRAVY MASHED POTATOES TOSSED SALAD w/DRSG MIXED FRUIT CUP WHOLE WHEAT BREAD 25 Gm Fat 695 Calories 623 mg Sodium 28	SLOPPY JOE on BUN CAPRI VEGETABLES MACARONI SALAD ROSY APPLESAUCE 24 Gm Fat 746 Calories 703 mg Sodium 29	BEEF & MACARONI BUTTERED CABBAGE SPRING FRUIT MIX WHOLE WHEAT BREAD 22 Gm Fat 672 Calories 652 mg Sodium 30	FIRST DAY OF SUMMER JUNE 21st ● CONTAINS TURKEY ☺ CONTAINS PORK