


GOOD NEIGHBOR NUTRITION PROGRAM

GNNP MENU (menu is subject to change)

MARCH 2010

<p align="center">MONDAY</p> <p>BEEF MINESTRONE SOUP BAKED POTATO APRICOT MIX OATMEAL COOKIES SALTINE CRACKERS</p> <p align="center">27 Gm Fat 877 Calories 668 mg Sodium</p> <p align="right">1</p>	<p align="center">TUESDAY</p> <p>BBQ CHICKEN on BUN CALIFORNIA VEGETABLES MACARONI SALAD MIXED FRUIT CUP</p> <p align="center">20 Gm Fat 692 Calories 617 mg Sodium</p> <p align="right">2</p>	<p align="center">WEDNESDAY</p> <p>MUSHROOM STRIP STEAK MASHED POTATOES TOSSED SALAD with DRSG DICED PEACHES DINNER ROLL</p> <p align="center">30 Gm Fat 733 Calories 1035 mg Sodium</p> <p align="right">3</p>	<p align="center">THURSDAY</p> <p>☉ HAM & BEANS with ONION SPINACH TROPICAL FRUIT TAPIOCA PUDDING CORNBREAD</p> <p align="center">14 Gm Fat 683 Calories 1249 mg Sodium</p> <p align="right">4</p>	<p align="center">FRIDAY</p> <p>TACO SALAD GREEN PEAS FRESH ORANGE</p> <p align="center">28 Gm Fat 651 Calories 795 mg Sodium</p> <p align="right">5</p>
<p>CHICKEN & NOODLES GREEN BEANS PINEAPPLE & STRAWBERRIES CHOCOLATE PUDDING WHOLE WHEAT BREAD</p> <p align="center">23 Gm Fat 787 Calories 967 mg Sodium</p> <p align="right">8</p> <p>BEEF PATTIE with ONION GRAVY MASHED POTATOES PICKLED BEETS DICED PEACHES WHOLE WHEAT BREAD</p> <p align="center">25 Gm Fat 761 Calories 756 mg Sodium</p> <p align="right">15</p>	<p>MEATLOAF with TOMATO SAUCE CREAMY SCALLOPED POTATOES PEA & LETTUCE SALAD FRUIT COCKTAIL WHOLE WHEAT BREAD</p> <p align="center">19 Gm Fat 673 Calories 934 mg Sodium</p> <p align="right">9</p> <p>SLOPPY JOE on BUN CAPRI VEGETABLES PASTA SALAD MANDARIN ORANGES</p> <p align="center">24 Gm Fat 719 Calories 703 mg Sodium</p> <p align="right">16</p>	<p>SPAGHETTI with MEATSAUCE BROCCOLI CINNAMON APPLESAUCE BREADSTICKS</p> <p align="center">17 Gm Fat 677 Calories 786 mg Sodium</p> <p align="right">10</p> <p align="center">ST. PATRICK'S DAY</p> <p>☉ SCALLOPED POTATOES & HAM BUTTERED CABBAGE SUMMER LIME GELATIN POTATO ROLL</p> <p align="center">21 Gm Fat 766 Calories 1121 mg Sodium</p> <p align="right">17</p>	<p>● TURKEY & SWISS CHEESE on HOAGIE BUN CREAMY POTATO SOUP FRESH BANANA CHOCOLATE CHIP COOKIES</p> <p align="center">22 Gm Fat 747 Calories 1077 mg Sodium</p> <p align="right">11</p> <p>CHILI with BEANS CAULIFLOWER BLUEBERRY CRISP SALTINE CRACKERS</p> <p align="center">26 Gm Fat 775 Calories 829 mg Sodium</p> <p align="right">18</p>	<p>☉ PORK ROAST in GRAVY MASHED POTATOES COMBINATION SALAD with DRSG AUTUMN GELATIN POTATO ROLL</p> <p align="center">16 Gm Fat 702 Calories 627 mg Sodium</p> <p align="right">12</p> <p>CHICKEN BREAST CACCIATORE GARDEN RICE PILAF SPINACH SALAD with DRSG FRESH APPLE WHOLE WHEAT BREAD</p> <p align="center">13 Gm Fat 667 Calories 929 mg Sodium</p> <p align="right">19</p>
<p>BEEF & MACARONI GREEN PEAS STRAWBERRIES & APRICOTS SUGAR COOKIES WHOLE WHEAT BREAD</p> <p align="center">25 Gm Fat 792 Calories 764 mg Sodium</p> <p align="right">22</p>	<p>OVEN ROASTED CHICKEN MASHED POTATOES THREE BEAN SALAD ROSY APPLESAUCE WHOLE WHEAT BREAD</p> <p align="center">25 Gm Fat 716 Calories 641 mg Sodium</p> <p align="right">23</p>	<p>☉ BBQ RIBBETTE on BUN WHOLE KERNEL CORN CORONADO SALAD QUICK FRUIT CUP</p> <p align="center">17 Gm Fat 666 Calories 1039 mg Sodium</p> <p align="right">24</p>	<p>GROUND BEEF STROGANOFF BROCCOLI SPRING FRUIT MIX CHERRY GELATIN WHOLE WHEAT BREAD</p> <p align="center">27 Gm Fat 767 Calories 726 mg Sodium</p> <p align="right">25</p>	<p>CHICKEN TORTILLA SOUP MIXED GREEN SALAD with DRSG CITRUS FRUIT CUP BANANA CAKE SALTINE CRACKERS</p> <p align="center">32 Gm Fat 892 Calories 758 mg Sodium</p> <p align="right">26</p>
<p>CHEESEBURGER on BUN MEDITERRANEAN VEGETABLES POTATO SALAD PINEAPPLESAUCE</p> <p align="center">25 Gm Fat 691 Calories 789 mg Sodium</p> <p align="right">29</p>	<p>SOFT TACO CALICO CORN JELLIED STRAWBERRY PEAR SALAD</p> <p align="center">21 Gm Fat 636 Calories 941 mg Sodium</p> <p align="right">30</p>	<p>● TURKEY TETRAZINNI BRUSSELS SPROUTS FRESH BANANA WHOLE WHEAT BREAD</p> <p align="center">20 Gm Fat 652 Calories 1057 mg Sodium</p> <p align="right">31</p>	<p align="center">ST. PATRICK'S DAY MARCH 17TH</p> 	<p>● CONTAINS TURKEY</p> <p>☉ CONTAINS PORK</p>

